



RECOVERY EMPOWERMENT DEVELOPMENT PEER SUPPORT

THE BROOK RED CENTRE - BRISBANE SOUTH

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WEEKLY PROGRAM

DAY/TIME	MORNING	TIME	AFTERNOON
MONDAY 10.00-12.00pm	Men's GROUP	1.00-3.00pm	MUSIC GROUP
TUESDAY 9.30-12.00pm	Inala GROUP	1.00-3.00pm	BOWLING GROUP
WEDNESDAY 9.30-11.00am 11.00-1.00pm	COOKING time & PEER SUPPORT GROUP	1.30-3.30pm 1.00-3.00pm	RUSLAN ART GROUP FreeStyLn EXERCIZN GROUP
THURSDAY 10.00-12.00pm	Women's GROUP	1.00-3.00pm	Under 30's
FRIDAY 9.30-12.30pm	team Peer Meeting	1.00-3.00pm	ART GROUP