



Brook St. 2022 August Calendar - (ph.: 3846 4209)

Monday, 1 st		Tuesday, 2 nd		Thursday, 4 th		Friday, 5 th		Saturday 6 th	
10:30 am	Community Projects Group	10:30 am	Art group Canvas	10:30 am	Exercise Group @ helphi gym \$5			10am- 3pm Community chill space	
12 - 3	Music with Gary			1:00	Inspiration Group Mount Cootha look out café (BYO \$ Coffee on us check Sign-up Sheet)				
2pm	Hearing Voices Group	2:30pm-7pm	Dinner Group \$3	5pm-7pm	Games	4pm-7pm	Paint the Town RED BBQ Night (3\$)		
5pm-7pm	Chats and Hobby Space Bring your hobby and chat								
Monday, 8 th		Tuesday, 9 th		Thursday, 11 th		Friday, 12 th		Saturday 13 th 10am- 3pm Backyard BBQ Hamburgers *Sign-up essential*	
10:30 am	Community Projects Group	10:30 am	Art group Vision Board	10:30 am	Exercise Group @ helphi gym \$5	PEERZONE Introduction			
12- 3	Music with Gary			1:00 pm	Inspiration Group Forest Lake Nicnic (more fun than a Picnic) Check Sign- up Sheet	4pm-7pm	Paint the Town RED In-house Dinner & Movie (3\$)		
2pm	Hearing Voices Group	2:30pm-7pm	Dinner Group \$3	5pm-7pm	Games				
Monday, 15 th		Tuesday, 16 th		Thursday, 18 th		Friday, 19 th		Saturday 20 th 10am- 3pm Community chill space	
10:30 am	Community Projects Group	10:30 am	Art group Canvas	10:30 am	Exercise Group @ helphi gym \$5	11am	PEERZONE Workshop 1 of 1		
12 - 3	Music with Gary			1:00 pm	Inspiration Group Fishing Day (Check Sign-up sheet)	4pm-7pm	Paint the Town RED Karaoke + Take out (3\$)		
2pm	Hearing Voices Group	2:30pm-7pm	Dinner Group \$3	5pm-7pm	Games				
Monday, 22 nd		Tuesday, 23 rd		Thursday, 25 th		Friday, 26 th		Saturday 27 th 10am- 3pm Backyard BBQ Vegetarian only *Sign-up essential*	
Centre closed from 9:30am-1pm Open 1pm-5pm		10:30 am	Art group Shrinky Dinks	10:30 am	Exercise Group @ helphi gym \$5	PEERZONE Workshop 1 of 2			
		2:30pm-7pm	Dinner Group \$3	1:00 Pm	Inspiration Group The Great Pie Hunt! (Check Sign-up sheet)	4pm-7pm	Paint the Town RED Kabab Palace (BYO \$)		
				5pm-7pm	Games				
Monday, 29 th		Tuesday, 30 th		~ CLOSED WEDNESDAYS ~ Opening Hours Mon, Tues, Thurs and Fri 9:30am- 7:00pm Saturday 10am- 3pm Follow us on Instagram for latest updates & information: brook.red				 BROOK.RED	
10:30 am	Community Projects Group	10:30 am	Art group Canvas						
12-3	Music with Gary								
2pm	Hearing Voices Group	2:30pm-7pm	Dinner Group \$3						
5pm-7pm	Chats and Hobby Space Bring your hobby and chat								