



# BEENLEIGH CALENDAR

Bundjalung Country

## June 2022

Opening Hours:  
 Tuesday - Friday 9:30am – 5pm  
 Saturday 10am - 3pm  
 Address: 13A/20 Main Street Beenleigh  
 Phone: (07) 3339 1599

Please sign up in advance for **One on One Support**, **Community Lunch** & **Community Outings**, as spaces are limited.

Our program may change if there are Covid-19 restrictions in place.

Our groups are facilitated by a peer worker for members to explore an area of wellbeing in a safe environment and are run using the wisdom of the group on the day.

	Wednesday 1 <sup>st</sup>	Thursday 2 <sup>nd</sup>	Friday 3 <sup>rd</sup>	Saturday 4 <sup>th</sup>
	10am Healthy Me 1pm Community Lunch \$3	10am One on One Support 3pm Chit Chat Group	10am Community Outing - Cedar Creek Fall Walk and Snag on Bread \$2 1pm Community Lunch \$3	10am - 11am Coffee Crawl Weekly Goals 11am - 3pm Chit Chat Group What do we want to do in July? & DBT Practice
Tuesday 7 <sup>th</sup>	Wednesday 8 <sup>th</sup>	Thursday 9 <sup>th</sup>	Friday 10 <sup>th</sup>	Saturday 11 <sup>th</sup>
10am One on One Support & WALKING GROUP 1pm Arts and Crafts 2pm COMMUNITY MEETING 3pm Out and About	10am Healthy Me 1pm Community Lunch \$3	10am One on One Support 11am- Visiting other Brook Red Centres. - Norton Street FREE 3pm Chit Chat Group	10am Community Outing- Coolangatta Rockabilly festival FREE 1pm Community Lunch \$3	10am - 11am Coffee Crawl Weekly Goals 11am - 3pm Chit Chat Group & DBT Practice
Tuesday 14 <sup>th</sup>	Wednesday 15 <sup>th</sup>	Thursday 16 <sup>th</sup>	Friday 17 <sup>th</sup>	Saturday 18 <sup>th</sup>
10am One on One Support & WALKING GROUP 1pm Arts and Crafts 3pm Out and About	10am Healthy Me 1pm Community Lunch \$3	10am One on One Support 11am- Visiting other Brook Red Centres. - Highgate Hill FREE 3pm Chit Chat Group	10am Community Outing Explore Ipswich, checkout the FREE Zoo, Picnic in the park and the railway Museum \$10 1pm Community Lunch \$3	10am - 11am Coffee Crawl Weekly Goals 11am - 3pm Chit Chat Group What do we want to do in July? & DBT Practice
Tuesday 21 <sup>st</sup>	Wednesday 22 <sup>nd</sup>	Thursday 23 <sup>rd</sup>	Friday 24 <sup>th</sup>	Saturday 25 <sup>th</sup>
10am One on One Support & WALKING GROUP 1pm Arts and Crafts 3pm Out and About 3pm Out and About	10am Healthy Me 1pm Community Lunch \$3	10am One on One Support 11am- Visiting other Brook Red Centres. - Capalaba/ Bayside Centre FREE 3pm Chit Chat Group	10am Community Outing- Coffee and Collies (Border collies café) \$25 1pm Community Lunch \$3	10am - 11am Coffee Crawl Weekly Goals 11am - 3pm Chit Chat Group & DBT Practice
Tuesday 28 <sup>th</sup>	Wednesday 29 <sup>th</sup>	Thursday 30 <sup>th</sup>	Friday 1 <sup>st</sup> JULY	
10am One on One Support & WALKING GROUP 1pm Arts and Crafts 3pm Out and About	10am Healthy Me 1pm Community Lunch \$3	10am One on One Support 3pm Chit Chat Group	10am Community Outing- Bowling with the Norton Street peeps \$10 1pm Community Lunch \$3	

