



# Brook St. November 2022 Calendar- (ph.: 3846 4209)

		Tuesday, 1 <sup>st</sup>		Thursday, 3 <sup>rd</sup>		Friday, 4 <sup>th</sup>		Saturday, 5 <sup>th</sup>		
		10:30 am	<a href="#">Art group</a> Canvas	10:30 am	<a href="#">Exercise Group</a> @ helfi gym \$5	11am	<a href="#">PEERZONE</a> Workshop 2 of 3	<b>10am- 3pm</b>  Saturday Sun soaking  West End markets  *see sign-up sheet		
		<a href="#">Community Meeting 1pm</a>		1:00pm	<a href="#">Inspiration Group</a> Picnic in New farm Park \$3	<a href="#">Paint the Town RED</a> In- house movie Nightmare before Christmas				
		2:30pm-7pm	<a href="#">Dinner Group</a> \$3 Please let us know by 2:30pm if you are coming for dinner	5pm-7pm	<a href="#">Games</a>					
Monday, 7 <sup>th</sup>		Tuesday, 8 <sup>th</sup>		Thursday, 10 <sup>th</sup>		Friday, 11 <sup>th</sup>				
12pm-4pm	<a href="#">Music with Gary</a>	10:30 am	<a href="#">Art group</a> Shrinky Dinks	10:30 am	<a href="#">Exercise Group</a> @ helfi gym \$5	11am	<a href="#">PEERZONE</a> Workshop 3 of 3	<b>10am- 3pm</b>  In –house BBQ *Sign-up essential		
2pm	<a href="#">Hearing Voices Group</a>	2:30pm-7pm <a href="#">Dinner Group</a> \$3 Please let us know by 2:30pm if you are coming for dinner		1:00 pm	<a href="#">Inspiration Group</a> Manmade Beach in South Bank	<a href="#">Paint the Town RED</a> Board Games				
5pm-7pm	<a href="#">Chats and Hobby Space</a> Bring your hobby and chat			5pm-7pm	<a href="#">Games</a>					
Monday, 14 <sup>th</sup>		Tuesday, 15 <sup>th</sup>		Thursday, 17 <sup>th</sup>		Friday, 18 <sup>th</sup>		Saturday 19 <sup>th</sup>		
12pm – 4pm	<a href="#">Music with Gary</a>	10:30 am	<a href="#">Art group</a> Polymer Clay	10:30 am	<a href="#">Exercise Group</a> @ helfi gym \$5	10:30 am	<a href="#">MONTHLY BUSH WALK</a> - (Bring water bottle and hat)	<b>10am- 3pm</b>  Saturday Sun soaking  West End markets  *see sign-up sheet		
2pm	<a href="#">Hearing Voices Group</a>	2:30pm-7pm <a href="#">Dinner Group</a> \$3 Please let us know by 2:30pm if you are coming for dinner		1:00 pm	<a href="#">Inspiration Group</a> Fishing and Fish Chips at Wynnum	<a href="#">Paint the Town RED</a> Karaoke				
5pm-7pm	<a href="#">Chats and Hobby Space</a> Bring your hobby and chat			5pm-7pm	<a href="#">Games</a>					
Monday, 21 <sup>st</sup>		Tuesday, 22 <sup>nd</sup>		Thursday, 24 <sup>th</sup>		Friday, 25 <sup>th</sup>		Saturday 26 <sup>th</sup>		
12pm – 4pm	<a href="#">Music with Gary</a>	<b>Closed</b> <b>Brook RED Conference</b>		10:30 am	<a href="#">Exercise Group</a> @ helfi gym \$5	11am	<a href="#">PEERZONE</a> Introduction	<b>10am- 3pm</b>  In –house BBQ *Sign-up essential		
2pm	<a href="#">Hearing Voices Group</a>			1:00 pm	<a href="#">Inspiration Group</a> Goma + Planning	<a href="#">Darts Tournament</a> 1pm- 5pm				
5pm-7pm	<a href="#">Chats and Hobby Space</a> Bring your hobby and chat			5pm-7pm	<a href="#">Games</a>					
Monday, 28 <sup>th</sup>		Tuesday, 29 <sup>th</sup>		 <b>BROOK.RED</b>		<b>~ CLOSED WEDNESDAYS ~</b>  <b>Opening Hours</b> Mon, Tues, Thurs and Fri 9:30am- 7:00pm Saturday 10am- 3pm  Follow us on Instagram for latest updates & information: <a href="#">brook.red</a>				
12pm-4pm	<a href="#">Music with Gary</a>	10:30 am	<a href="#">Art group</a> Flow Art							
2pm	<a href="#">Hearing Voices Group</a>	2:30pm-7pm <a href="#">Dinner Group</a> \$3 Please let us know by 2:30pm if you are coming for dinner								
5pm-7pm	<a href="#">Chats and Hobby Space</a> Bring your hobby and chat									