

**SOUTH BRISBANE, BROOK RED
PROGRAM, APRIL 2024**

Thursday 30 th March	FRIDAY 5 th APRIL	SATURDAY 6 th APRIL
<p>West End Community House address 4 Norfolk Road, South Brisbane</p> <p>Brook RED phone no. 0455206860</p>	<p>Meet at West End Community House @ 12-3pm Hearing voices Group with Zoe</p>	<p>Meet at “the wheel” in Southbank at 11:00</p> <p>The Nurso on Old Cleavland road></p>
THURSDAY 11 th APRIL	FRIDAY 12 th APRIL	SATURDAY 13 th APRIL
<p>Meet at Southbank wheel @ 11am for</p> <p>Hot Dog’s at Kangaroo point cliffs</p>	<p>Meet at West End Community House @ 12-3pm For BYO lunch and Recovery Group</p>	<p>Meet at “the wheel” in Southbank at 11:00</p> <p>Ipswich Nature centre</p>
THURSDAY 18 th APRIL	FRIDAY 19 th APRIL	SATURDAY 20 th APRIL
<p>Meet at Southbank wheel @ 11am for</p> <p>Beach Trip to “The Spit”</p>	<p>Meet at West End Community House @ 12-3pm For BYO lunch and Recovery Group</p>	<p>Meet at “the wheel” in Southbank at 11:00</p> <p>Kalbar Sunflower festival \$15 Sign up and pre-payment required by 13th April</p>
THURSDAY 25 th APRIL	FRIDAY 26 th APRIL	SATURDAY 27 th APRIL
<p>CLOSED ANZAC DAY PUBLIC HOLIDAY</p>	<p>CLOSED BROOK RED TEAM DAY</p>	<p>Meet at “the wheel” in Southbank at 11:00</p> <p>Walk and meditation @ Slaughter Falls</p>