

Brook St. June 2022 Calendar - (ph.: 3846 4209)





BROOK.RED



Monday, 6 th		Tuesday, 7 th		Thursday, 9 th		Friday, 10 th		Saturday 11 th	
10:30 am	Community Projects Group	10:30 am	Inspiration Group Architectural Design Exploration @ West End	10:30 am	Exercise Group @ helfi gym \$5	11am	DBT Skills Group	Saturday 4th 10am- 3pm Community chill space	
12pm-4pm	Music with Gary			1:30 pm	Art group Canvas	2pm	Community meeting		
2pm	Hearing Voices Group	2pm	PEERZONE Workshop 1 of 3	5pm-7pm	Snacks & Games \$3	4pm-7pm	Paint the Town RED Kebab Palace @ Mt Gravatt (BYO \$)		
5pm-7pm	Chats and Hobby Space Bring your hobby and chat	3pm-7pm	Dinner Group \$3						
Monday, 13 th		Tuesday, 14 th		Thursday, 16 th		Friday, 17 th		Saturday, 18 th	
10:30 am	Community Projects Group	10:30 am	Inspiration Group Daisy Hill Koala Centre Picnic (\$3)	10:30 am	Exercise Group @ helfi gym \$5	2pm	Friday Debate	Saturday 18th 10am- 3pm Community chill space	
12pm-4pm	Music with Gary			1:30 pm	Art group Canvas	4pm-7pm	Paint the Town RED In-house dinner with Sasha (\$3)		
2pm	Hearing Voices Group	2pm	PEERZONE Workshop 2 of 3	5pm-7pm	Snacks & Games \$3				
5pm-7pm	Chats and Hobby Space Bring your hobby and chat	3pm-7pm	Dinner Group \$3						
Monday, 20 th		Tuesday, 21 st		Thursday, 23 rd		Friday 24 th		Saturday 25 th	
10:30 am	Community Projects Group	10:30 am	Inspiration Group Redcliffe Fishing day + Fish & Chips (BYO \$)	10:30 am	Exercise Group @ helfi gym \$5	2pm	Friday Debate	Saturday 25th 10am- 3pm Community chill space	
12pm – 4pm	Music with Gary			1:30 pm	Art group Macramé 2.0	4pm-7pm	Paint the Town RED In house karaoke + Take out (\$3)		
2pm	Hearing Voices Group	2pm	PEERZONE Workshop 3 of 3	5pm-7pm	Snacks & Games \$3				
5pm-7pm	Chats and Hobby Space Bring your hobby and chat	3pm-7pm	Dinner Group \$3						
Monday, 27 th		Tuesday, 28 th		Thursday, 30 th		~ CLOSED WEDNESDAYS ~ Opening Hours Mon, Tues, Thurs and Fri 9:30am- 7:00pm Saturday 10am- 3pm VIRTUAL GROUPS 3pm-4pm Wednesday, Thursday, & Friday offered online - Text Sarah on 0455 216 810 or call the centre Follow us on Instagram for latest updates & information: brook.red			
10:30 am	Community Projects Group	10:30 am	Inspiration Group Yatala Pies Trip (BYO \$)	10:30 am	Exercise Group @ helfi gym \$5				
12pm-4pm	Music with Gary			1:30 pm	Art group Canvas				
2pm	Hearing Voices Group								
5pm-7pm	Chats and Hobby Space Bring your hobby and chat	3pm-7pm	Dinner Group \$3	5pm-7pm	Snacks & Games \$3				

Brook St. July 2022 Calendar - (ph.: 3846 4209)

  <p style="margin-top: 10px;">BROOK.RED</p>		<p>~ CLOSED WEDNESDAYS ~</p> <p>Opening Hours Mon, Tues, Thurs and Fri 9:30am- 7:00pm Saturday 10am- 3pm</p> <p>UPDATE* Art and Inspo group have swapped days and times</p> <p>Follow us on Instagram for latest updates & information: brook.red</p>				Friday, 1st		Saturday 2nd 10am- 3pm Community chill space						
		11am	<u>PEERZONE</u> Introduction		Community Meeting									
		2pm	<u>Paint the Town RED</u> The Chinese restaurant (BYO \$)											
		4pm-7pm												
Monday, 4th		Tuesday, 5th		Thursday, 7th		Friday, 8th		Saturday 9th 10am- 3pm Community chill space						
10:30 am	<u>Community Projects Group</u>		10:30 am	<u>Art group*</u> Canvas (this group has moved from Thursdays)		10:30 am	<u>Exercise Group</u> @ helfi gym \$5			2pm	<u>Friday Debate</u>			
12pm-4pm	Music with Gary		<u>Dinner Group</u> \$3		1:30 pm	<u>Inspiration Group*</u> Mount Coo-tha lunch Picnic (\$3) (this group has moved from Tuesdays)				3pm-7pm	<u>Paint the Town RED</u> In-house disco			
2pm	<u>Hearing Voices Group</u>				2:30pm-6pm									
5pm-7pm	<u>Chats and Hobby Space</u> Bring your hobby and chat													
Monday, 11th		Tuesday, 12th		Thursday, 14th		Friday, 15th		Saturday 16th 10am- 3pm Community chill space						
10:30 am	<u>Community Projects Group</u>		10:30 am	<u>Art group*</u> Resin work		10:30 am	<u>Exercise Group</u> @ helfi gym \$5			11am	<u>PEERZONE</u> Workshop 1 of 3			
12pm-4pm	Music with Gary		<u>Dinner Group</u> \$3		1:30 pm	<u>Inspiration Group*</u> GOMA visit				4pm-7pm	<u>Paint the Town RED</u> In house movie night + Snacks (\$3)			
2pm	<u>Hearing Voices Group</u>				2:30pm-6pm									
5pm-7pm	<u>Chats and Hobby Space</u> Bring your hobby and chat													
Monday, 18th		Tuesday, 19th		Thursday, 21st		Friday, 22nd		Saturday 23rd 10am- 3pm Community chill space						
10:30 am	<u>Community Projects Group</u>		10:30 am	<u>Art group*</u> Canvas		10:30 am	<u>Exercise Group</u> @ helfi gym \$5			11am	<u>PEERZONE</u> Workshop 2 of 3			
12pm-4pm	Music with Gary		<u>Dinner Group</u> \$3		1:30 pm	<u>Inspiration Group*</u> Redcliffe Fishing Day + Fish & Chips (BYO \$)				4pm-7pm	<u>Paint the Town RED</u> Kebab Palace Leaving @ 4:30 PM (BYO \$)			
2pm	<u>Hearing Voices Group</u>				2:30pm-6pm									
5pm-7pm	<u>Chats and Hobby Space</u> Bring your hobby and chat													
Monday, 25th		Tuesday, 26th		Thursday, 28th		Friday, 29th		Saturday 30th 10am- 3pm Community chill space						
10:30 am	<u>Community Projects Group</u>		10:30 am	<u>Art group*</u> Frog House workshop		10:30 am	<u>Exercise Group</u> @ helfi gym \$5			<u>PEERZONE</u> Workshop 3 of 3				
12pm-4pm	Music with Gary		<u>Dinner Group</u> \$3		1:30 pm	<u>Inspiration Group*</u> Planetarium visit (check Sign-up Sheet BYO \$)						4pm-7pm	<u>Paint the Town RED</u> IT'S BBQ NIGHT YO!!! (\$3)	
2pm	<u>Hearing Voices Group</u>				2:30pm-6pm									
5pm-7pm	<u>Chats and Hobby Space</u> Bring your hobby and chat													