



Vision, Mission and Values

Our Vision

A community in which people who are recovering from mental illness are able to live full and satisfying lives.

Our Mission

To use the unique insights and connections from our lived experience of recovery to support better opportunities and outcomes for people who experience mental illness.

Our Values

Connection – We believe that empathy is critical to building genuine and meaningful relationships and is the foundation of all that we do.

Hope – We hold hope for better futures as we use our experience to improve outcomes for our members and others.

Integrity – We believe in being honest and ethical.

Self-determination – We respect that people choose their own path and know what is correct for them.

Courage – We strive to do things better and are brave and reflective in our work.

Lived Experience – We believe that our work must be informed at all times by lived-experience perspectives.