

Brook St. March 2023 Calendar - (ph.: 3846 4209)

 <p style="color: red; font-size: 1.2em; font-weight: bold;">~ CLOSED WEDNESDAYS ~</p> <p style="color: green; font-size: 1.1em; font-weight: bold;">Opening Hours</p> <p style="color: green; font-size: 1.1em; font-weight: bold;">Mon, Tues, Thurs and Fri 9:30am- 7:00pm</p> <p style="color: green; font-size: 1.1em; font-weight: bold;">Saturday 10am- 3pm</p>		Thursday, 2 nd		Friday, 3 rd		<p style="color: orange; font-size: 1.2em; font-weight: bold;">Saturday 4th</p> <p style="color: orange; font-size: 1.1em; font-weight: bold;">Swim Day at Southbank beach- bring your swimmers</p>			
		10:30 am	Exercise Group @ helfi gym \$5	11am	Getting To Know The Recovery Monster				
		1:00pm	Inspiration Group Afternoon Tea at Lucky Duck Café (BYO \$)	4pm-7pm	Paint the Town RED Southbank Markets				
		5pm-7pm	Games Group						
Monday, 6 th		Tuesday, 7 th		Thursday, 9 th		Friday, 10 th		<p style="color: pink; font-size: 1.2em; font-weight: bold;">Saturday 11th 10am- 3pm</p> <p style="color: pink; font-size: 1.1em; font-weight: bold;">In-house Games and or puzzles</p>	
10:30 am	House and Garden Weeding, planting & cleaning	10:30 am	Art group Resin	10:30 am	Exercise Group @ helfi gym \$5	Community meeting 1pm			
11- 3	Music with Gary	2:30pm-7pm	Dinner Group \$3 Please let us know by 2:30pm if you are coming for dinner	1:00 pm	Inspiration Group Pokémon Hunting in Southbank	4pm-7pm	Paint the Town RED Trivia		
2pm	Hearing Voices Group			5pm-7pm	Games Group				
5pm-7pm	Chats and Hobby Space Bring your hobby and chat			Thursday, 16 th		Friday, 17 th		<p style="color: orange; font-size: 1.2em; font-weight: bold;">Saturday 4th 10am- 3pm</p> <p style="color: orange; font-size: 1.1em; font-weight: bold;">BBQ at Southbank \$3</p>	
Monday, 13 th		Tuesday, 14 th		10:30 am	Exercise Group @ helfi gym \$5	11am	Getting To Know The Recovery Monster		
11 - 3	Music with Gary	10:30 am	Art group Canvas	1:00 pm	Inspiration Group Queensland Art Gallery (QAG)	4pm-7pm	Paint the Town RED In-house movie: Madagascar		
2pm	Hearing Voices Group	2:30pm-7pm	Dinner Group \$3 Please let us know by 2:30pm if you are coming for dinner	5pm-7pm	Games Group				
5pm-7pm	Chats and Hobby Space Bring your hobby and chat			Thursday, 23 rd		Friday, 24 th		<p style="color: pink; font-size: 1.2em; font-weight: bold;">Saturday 11th 10am- 3pm</p> <p style="color: pink; font-size: 1.1em; font-weight: bold;">In House Games and or puzzles</p>	
Monday, 20 th		Tuesday, 21 st		10:30 am	Exercise Group @ helfi gym \$5	11am	Getting To Know The Recovery Monster		
11 - 3	Music with Gary	10:30 am	Art group Terrariums	1:00 pm	Inspiration Group BBQ and Garden Games	4pm-7pm	Paint the Town RED Karaoke		
2pm	Hearing Voices Group	2:30pm-7pm	Dinner Group \$3 Please let us know by 2:30pm if you are coming for dinner	5pm-7pm	Games Group				
Monday, 27 th		Tuesday, 28 th		Thursday, 30 th		Friday, 31 st		<p style="color: orange; font-size: 1.2em; font-weight: bold;">Saturday 1st April 10am- 3pm</p> <p style="color: orange; font-size: 1.1em; font-weight: bold;">In- House BBQ \$3</p>	
10:30 am	House and Garden Weeding, planting & cleaning	10:30 am	Art group Polymer Clay	10:30 am	Exercise Group @ helfi gym \$5	Closed for staff training			
11-3	Music with Gary	10:30 am	Art group Polymer Clay	1:00 pm	Inspiration Group Picnic at New Farm Park				
2pm	Hearing Voices Group	2:30pm-7pm	Dinner Group \$3 Please let us know by 2:30pm if you are coming for dinner	5pm-7pm	Games Group				
5pm-7pm	Chats and Hobby Space Bring your hobby and chat								